

LEGACY: *Success & Fulfillment*

Dr. Samuel R. Chand

The exercise below is Appendix D from my fourth book *Who Moved Your Ladder—Your Next Bold Move*

My Backward Plan

The simple premise of backward planning is that we define our prime objective, or a big goal that will move us toward our prime objective and assign it a date. As Henry Kimsey-House said, “A goal without a date is a dream.”

Second, we need to figure out the next to last thing that needs to happen before our goal is met, and figure the time frame for that.

Then we ask, “What would need to happen before that?”

“And before that?”

By (date) _____ I will have achieved
(Prime Objective)_____.

Just prior to that (date) _____, I will need to have done
_____.

And before that can happen (date) _____, I will need to have
accomplished (milestone)_____.

_____.

To enable the next step on (date) _____ I will need to have
(milestone)_____ in place.

By (date) _____ I will have done
(milestone)_____.

By (date) _____ I will have done
(milestone)_____.

Today (or tomorrow) I will
(milestone)_____.

“This is the beginning of a new day. You have been given this day to use as you will. You can waste it or use it for good. What you do today is important because you are exchanging a day of your life for it. When tomorrow comes, this day will be gone forever; in its place is something that you have left behind ... let it be something good.”—Anonymous

“People will summarize your life in one sentence. Pick it now. Pick it and live it.”—Dr. John C. Maxwell

THE SENTENCE I WANT SAID AT MY EULOGY (so people don’t have to guess) IS:

Now live it with an intentional plan and watch it compound!

Dr. Samuel R. Chand, 950 Eagles Landing Parkway, Suite 295, Stockbridge, GA 30281
www.samchand.com