

# **DREAMCRAFTING & DREAMRELEASING**

## *Dream Big & Make it Happen*

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### **5 REASONS WHY PEOPLE DON'T REACH THEIR BIG DREAM**

1. There is no single C defined objective.
2. There is no mechanism for S motivation.
3. There is not enough T to devote to it.
4. There is little or no U and support from others.
5. There is no understanding of how every seemingly unrelated L improvement advances the Big Dream.

**DREAMCRAFTING** creates alignment in life and a Big Dream generates a sense of P.

**DREAMRELEASING** creates alignment with the right people and calls for an E source to keep the Big Dream aligned. This is about a Dreamreleaser in your life.

## **5 SKILLS TOWARD MAKING IT HAPPEN**

1. **A** \_\_\_\_\_: Igniting a sense of a compelling vision (purpose) and mission (actions to achieve the vision/purpose). It is critical that your dream is defined with precision.
2. **M** \_\_\_\_\_: Intensifying and maintaining high levels of resolve—motivation has a way of fizzling out. A time-release mechanism/person is needed to sustain determination over the longer term.
3. **P** \_\_\_\_\_: Linking today’s activities and responsibilities with tomorrow’s Big Dream—learning to live with “one foot in tomorrow”.
4. **I** \_\_\_\_\_: Reducing and eliminating resistance from those around you, and getting them to work for and with you.
5. **A** \_\_\_\_\_: Daily applying elements described above to small dreams as well as Big Dreams, in that little things can make a big difference.

## **5 SUCCESS FACTORS TO SEEING YOUR DREAMS COME TRUE**

1. Never let **S** \_\_\_\_\_ else dream your dream—they’ll always dream too small.
2. Don’t downsize your dream to your **P** \_\_\_\_\_ situation—it’s about your future.
3. Surround yourself with **H** \_\_\_\_\_ people who will speak positively into your life while giving you honest feedback.
4. **I** \_\_\_\_\_ in your own dream before you expect someone else to. The first investment will be giving yourself a deadline-date on when you will take your first step toward your dream.
5. You need a dreamreleaser.

## *There is a place you want to be—GO THERE!*

### **5 DISCOVERIES AS A DREAMRELEASER**

1. After a certain level, you are finding fewer people who can U \_\_\_\_\_ you and your needs.
2. After a certain level, you are finding it difficult to identify credible, and trusted C \_\_\_\_\_.
3. After a certain level, your own dreams S \_\_\_\_\_ you!
4. After a certain level, what used to satisfy you, doesn't do it for you anymore.
5. After a certain level, you leave church saying, "*There's got to be more than this.*"

### **5 NEXT STEPS TO DREAMRELEASING NOW**

1. Write down your dream – the *short* version: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
2. Write down the *first* thing/step you must do toward fulfilling your dream:  
 \_\_\_\_\_  
 \_\_\_\_\_
3. Write down the *date* when you plan to take that first step toward fulfilling your dream: \_\_\_\_\_
4. Give that date and your phone number to someone *today* for them to call you on that day to ask you if you have taken that first step toward fulfilling your dream.
5. *No excuses accepted.* If no step has been taken, give another date to that person. Use the last sheet of this package to do this.

Imagine yourself in the driver's seat of a fast racecar—pedal to the metal...

**Eyes open wide  
Eardrums close  
Breathing becomes heavy  
Body feels weightless  
Mouth dries up  
Palms sweat  
Heart races  
Mind crawls  
Blood pressure rises  
Stomach knots up  
Lampost flying backward  
Fields rushing by  
Earth leaps  
Sky falls  
Time expands  
Distances contract  
Trees blur  
Road sharpens  
Sounds amplify  
Colors merge  
Horizon charges inward  
Rearview mirror loses all meaning**

***AM I DESCRIBING YOUR DREAM YET?***

**No one minds living next to a zoo. It is safe, entertaining and doesn't disturb one's lifestyle. However living next to a *jungle* disrupts all of life. You are designed to disrupt false hope and rebuild a true and lasting hope. To do that, you cannot be self-caged into the status quo, but propelled into all the world.**

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1. My first step toward fulfilling my dream is: \_\_\_\_\_  
\_\_\_\_\_
2. Please contact me on \_\_\_\_\_ at ( \_\_\_\_\_ )  
Date Phone
3. Please do not be soft with me if I give you a bunch of excuses—don't let me off the hook in keeping my commitment with my own destiny. If I have not taken the first step by the date above, ask me for another date and hound me—you have my permission.

*Walking toward my own destiny,*

\_\_\_\_\_  
Your name

\_\_\_\_\_  
Date