

DREAMCRAFTING & DREAMRELEASING

Dream Big & Make it Happen

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5 REASONS WHY PEOPLE DON'T REACH THEIR BIG DREAM

1. There is no single clearly defined objective.
2. There is no mechanism for sustaining motivation.
3. There is not enough time to devote to it.
4. There is little or no understanding and support from others.
5. There is no understanding of how every seemingly unrelated little improvement advances the Big Dream.

DREAMCRAFTING creates alignment in life and a Big Dream generates a sense of purpose. This is about the Big Dreamer.

DREAMRELEASING creates alignment with the right people and calls for an external source to keep the Big Dream aligned. This is about a Dreamreleaser in your life.

5 SKILLS TOWARD MAKING IT HAPPEN

1. **ASPIRATION:** Igniting a sense of a compelling vision (purpose) and mission (actions to achieve the vision/purpose). It is critical that your dream is defined with precision.
2. **MOTIVATION:** Intensifying and maintaining high levels of resolve—motivation has a way of fizzling out. A time-release mechanism/person is needed to sustain determination over the longer term.
3. **PROJECTION:** Linking today's activities and responsibilities with tomorrow's Big Dream—learning to live with “one foot in tomorrow”.
4. **INCLUSION:** Reducing and eliminating resistance from those around you, and getting them to work for and with you.
5. **APPLICATION:** Daily applying elements described above to small dreams as well as Big Dreams, in that little things can make a big difference.

5 SUCCESS FACTORS TO SEEING YOUR DREAMS COME TRUE

1. Never let someone else dream your dream—they'll always dream too small.
2. Don't downsize your dream to your present situation—it's about your future.
3. Surround yourself with honest people who will speak positively into your life while giving you honest feedback.
4. Invest in your own dream before you expect someone else to. The first investment will be giving yourself a deadline-date on when you will take your first step toward your dream.
5. You need a dreamreleaser.

There is a place you want to be—GO THERE!

5 DISCOVERIES AS A DREAMRELEASER

1. After a certain level, you are finding fewer people who can understand you and your needs.
2. After a certain level, you are finding it difficult to identify credible, and trusted counsel.
3. After a certain level, your own dreams scare you!
4. After a certain level, what used to satisfy you, doesn't do it for you anymore.
5. After a certain level, you leave church saying, "*There's got to be more than this.*"

5 NEXT STEPS TO DREAMRELEASING NOW

1. Write down your dream – the *short* version: _____

2. Write down the *first* thing/step you must do toward fulfilling your dream:

3. Write down the *date* when you plan to take that first step toward fulfilling your dream: _____
4. Give that date and your phone number to someone today for them to call you on that day to ask you if you have taken that first step toward fulfilling your dream.
5. No excuses accepted. If no step has been taken, give another date to that person. Use the last sheet of this package to do this.

Imagine yourself in the driver's seat of a fast racecar—pedal to the metal...

Eyes open wide
Eardrums close
Breathing becomes heavy
Body feels weightless
Mouth dries up
Palms sweat
Heart races
Mind crawls
Blood pressure rises
Stomach knots up
Lamp post flying backward
Fields rushing by
Earth leaps
Sky falls
Time expands
Distances contract
Trees blur
Road sharpens
Sounds amplify
Colors merge
Horizon charges inward
Rearview mirror loses all meaning

AM I DESCRIBING YOUR DREAM YET?

No one minds living next to a zoo. It is safe, entertaining and doesn't disturb one's lifestyle. However living next to a *jungle* disrupts all of life. You are designed to disrupt false hope and rebuild a true and lasting hope. To do that, you cannot be self-caged into the status quo, but propelled into all the world.

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1. My first step toward fulfilling my dream is: _____

2. Please contact me on _____ at (_____)
Date Phone

3. Please do not be soft with me if I give you a bunch of excuses—don't let me off the hook in keeping my commitment with my own destiny. If I have not taken the first step by the date above, ask me for another date and hound me—you have my permission.

Walking toward my own destiny,

Your name

Date

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